



SCANTIC VALLEY YMCA FALL 2 YOUTH PROGRAMS

OCTOBER 29 – DECEMBER 15 (7 WEEK SESSION)

AQUATICS



PARENT/CHILD LESSONS (6-36 MONTHS) 30 MINUTE CLASSES

MEMBER: \$45 NON-MEMBER: \$85

1. Water Discovery (6-18 months):

Tue. 9:30am-10:00am / Thur. 9:30am-10:00am / Sat. 9am-9:30am

Sat. 10:20am-10:50am

2. Water Exploration (19-36 months):

Mon. 5:30pm-6pm / Tue. 10am-10:30am / Thur. 10am-10:30am

Sat. 8:20am-8:50am / Sat. 9:40am-10:10am

PRE SCHOOL LESSONS (3 YEARS – 5 YEARS) 30 MINUTE CLASSES

MEMBER: \$45 NON-MEMBER: \$85

1. Water Acclimation (Beginner 1): Tue. 10:30am-11:00am (4 participants only)

2. Water Movement (Beginner 2): Thur. 10:30am-11:00am (4 participants only)

PRE SCHOOL LESSONS (3 YEARS – 5 YEARS) 45 MINUTE CLASSES

MEMBERS \$65 NON-MEMBERS \$115

1. Water Acclimation (Beginner 1): Mon. 5:30pm-6:15pm / Wed. 4:30pm-5:15pm

Wed. 5:30pm-6:15pm / Sat. 9am-9:45am / Sat. 11am-11:45am

2. Water Movement (Beginner 2): Mon. 4:30pm-5:15pm / Mon. 6:30pm-7:15pm

Wed. 5:30pm-6:15pm / Wed. 6:30pm-7:15pm / Sat. 10am-10:45am

3. Water Stamina (Intermediate): Mon. 6:30pm-7:15pm / Wed. 4:30pm-5:15pm

Wed. 6:30pm-7:15pm / Sat. 11am-11:45am

4. Stroke Introduction (Advanced): Mon. 5:30-6:15pm / Wed. 6:30pm-7:15pm

Sat. 9am-9:45am

YOUTH LESSONS (6 YEARS AND UP) 45 MINUTE CLASSES

MEMBERS \$65 NON-MEMBERS \$115

1. Water Acclimation (Beginner 1): Mon. 4:30pm-5:15pm / Wed. 5:30pm-6:15pm

Sat. 9am-9:45am / Sat. 11am-11:45am

2. Water Movement (Beginner 2): Mon. 6:30pm-7:15pm / Wed. 4:30pm-5:15pm

Wed. 6:30pm-7:15pm / Sat. 10am-10:45am

3. Water Stamina (Intermediate 1): Mon. 4:30pm-5:15pm / Wed. 4:30pm-5:15pm

Wed. 5:30pm-6:15pm / Sat. 10am-10:45am / Sat. 11am-11:45am

4. Stroke Introduction (Intermediate 2): Mon. 4:30pm-5:15pm

Wed. 6:30pm-7:15pm / Sat. 10am-10:45am

5. Stroke Development (Advanced 1): Mon. 6:30pm-7:15pm

Wed. 4:30pm-5:15pm / Sat. 9am-9:45am

6. Stroke Mechanics (Advanced 2): Mon. 5:30pm-6:15pm

Wed. 5:30pm-6:15pm / Sat. 11am-11:45am.

CLASSES ARE SUBJECT TO CHANGE.

YOUTH



PRESCHOOL 45 MINUTE CLASSES

PRE-SCHOOL SOCIAL EXPLORERS (AGES 2-3)

MEMBERS: \$56 NON-MEMBERS: \$98

Tues 9:45 – 10:30am

PRE-SCHOOL SPORTS EXPLORERS (AGES 3-5)

MEMBERS: \$56 NON-MEMBERS: \$98

Wed 10:30 – 11:15am

*MEMBERS: \$48 *NON-MEMBERS: \$84

Thur 4:30 – 5:15pm

PRE-SCHOOL BASKETBALL (AGES 3-5)

*MEMBERS: \$48 *NON-MEMBERS: \$84

Thur 5:30 – 6:15pm

PRE-SCHOOL SOCCER (AGES 3-5)

MEMBERS: \$56 NON-MEMBERS: \$98

Sat 9:00 – 9:45am

Sat 10:00 – 10:45am

REGISTRATION DATES

2018 FALL 2 PROGRAMS

MEMBERS:

Week of October 8

NON-MEMBERS:

Week of October 15

Facility Closed Thursday,
November 22, in observance of
Thanksgiving Day

***All Thursday programs
will be prorated.***

For more information on membership or
programs, please call 413.596.2749.

SCANTIC VALLEY YMCA
45 Post Office Park, Wilbraham, MA 01095

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