

It's easy to accomplish your wellness goals at the Y! Our Child Watch and Club House programs allow you to work out with peace of mind knowing that your children are close by and cared for by our dedicated staff. You may register for up to 90 minutes per day. There is no fee for family members.

CHILD WATCH

Monday – Friday morning 8:30am – 12:00pm
 Monday – Thursday afternoon 4:00pm – 7:30pm
 Saturday 9:00am – 12:00pm

CLUB HOUSE

Monday – Thursday 4:00pm – 7:30pm
 Saturday 9:00am – 12:00pm

Please call the Welcome Center for holiday and vacation extended hours.

Forget your membership card? Need to squeeze in a workout while on the other side of town? Looking for open swim or gym time? Our free Mobile app. gives you everything you need in the palm of your hand, including the daily schedule of awesome exercise classes included in your membership!

DOWNLOAD THE FREE APP
YMCAOFGREATERSPRINGFIELD.



From childcare services to wellness initiatives, the YMCA meets crucial needs of the community. Each year, the Y raises funds to ensure that none of our 9,000 members or 12,000 program participants are turned away due to an inability to pay in full for programs and services. Discover how to help at springfieldy.org/get-involved/



Y members now have the added value of visiting Ys across the United States, Hawaii and Puerto Rico! Reach your health and wellness goals wherever you are!

Please explore the guidelines for using Nationwide at springfieldy.org/family-centers/join/nationwide-membership



NATIONWIDE

CHILD WATCH & CLUB HOUSE

MOBILE APP & SCHEDULES

GIVE & GET INVOLVED

NEW MEMBER RESOURCE GUIDE

springfieldy.org

MEMBER REFERRAL

JOIN/RATES

When you join the Y, you become part of a community of people dedicated to improving the health and quality of life for themselves, their families and neighbors.

Scholarship/financial assistance makes the Y affordable and accessible to all. Join the Y today. It just may change your life. You can explore membership options at springfieldy.org/family-centers/join/

Refer a friend or family member and get a gift certificate for twenty dollars in Scantic Bucks! As a member, your guest privileges enable you to workout with a buddy, or introduce a family member or friend to all the Y has to offer. So bring a guest and share your Y experience!



Engaging enrichment and sports classes, swim classes and special events for all ages! Family members receive priority registration and generous discounts off youth and adult programs, birthday parties, and our summer day program at Stony Brook Acres. You can view and download our current programs listings at

springfieldy.org/family-centers/scantic-valley-y-family-center/

PROGRAMS & PROGRAM GUIDE

CONTACT

SCANTIC VALLEY YMCA

45 Post Office Park
 Wilbraham, MA 01095
 413.596.2749

HOURS:

Mon. – Thur. 5:30am – 9:30pm*
Fri. 5:30am-8:30pm*
Sat. 7:00am – 5:30pm*
Sun. 8:00am – 4:30pm*

*The locker rooms and lobby are open one half hour later.

