



# INVESTING IN OUR COMMUNITY

**YMCA OF GREATER SPRINGFIELD**  
**JANUARY 1, 2017 – DECEMBER 31, 2017**

## **Y FACTS:**

We're invested in our community and its members. Each day, we welcome individuals into the YMCA of Greater Springfield facilities where they're doing more than just utilizing a gym. They're taking part in programs that are dedicated to youth development, healthy living, and social responsibility, and bringing those values back to their homes and communities.

From athletics and education to health services and safe spaces, the Y helps to meet community needs through hard work, dedication and, most of all, collaboration. As a leading non-profit partner throughout the country, the Y has the track record and on-the-ground presence to move communities forward, just as we do here in the greater Springfield region.

The values and mission that the YMCA of Greater Springfield has held since 1852 are the ones we continue to follow today. We strive to stay connected and work together with our members, program participants, volunteers, and staff to ensure everyone—regardless of age, income, or background—has the opportunity to learn, grow, and thrive.

During 2017, the YMCA of Greater Springfield made some lasting impressions and impacts on the lives of youth, teens, families, and senior citizens throughout the area.

## **YMCA of GREATER SPRINGFIELD IMPACT 2017 FACTS:**

### **Scholarships**

The doors of the YMCA of Greater Springfield are always open to everyone so that they may grow and thrive, regardless of their income level. Promoting personal growth and the balanced development of spirit, mind, and body is at the core of all of our program offerings. To that end, we work diligently to ensure that no one is turned away due to inability to pay. To accomplish this, we rely on donations from the community, grant funds, and government contracts to provide financial assistance to those who otherwise could not afford to participate in our programs.

***\*\$900,000 in financial assistance provided to 6,897 people***

### **Volunteerism & Community Collaborations**

Volunteers and dedicated partners remain steadfast in helping the YMCA of Greater Springfield thrive in the community. Volunteers serve in valuable areas to mobilize our community and implement lasting change. Our partnerships with schools, community organizations, businesses, government agencies, and other nonprofits have allowed us meet the needs of the communities we serve by offering varied programs and services. To help meet more extensive community needs, meeting and event space also was provided to outside clubs, nonprofits, and community service organizations at little to no charge.

***\*299 volunteers shared their time and talent in 2017***

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## **YMCA OF GREATER SPRINGFIELD**

### **Association Offices**

275 Chestnut Street, Springfield, MA 01104  
P: 413.739.6951 F: 413.736.4869





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## **INVESTING IN OUR KIDS, OUR HEALTH AND OUR NEIGHBORS**

Each day the YMCA of Greater Springfield strives to strengthen the community through steady leadership and stewardship of our core ideologies to remain caring, honest, respectful, and responsible. How do we do this? Through focusing on three key areas—youth development, healthy living, and social responsibility. We're guided by these principles as we invest in our kids, and improve the health and well-being of members of our communities.

### ***Educational Programs***

Our three nationally-accredited early learning centers—two locations in Springfield and one in Wilbraham—provide high-quality early education programs to help nurture the potential of every child and ensure student success for some of our youngest YMCA members.

We offer before-school programs, running from 6:30 a.m. until the start of the school day, and after-school programs, running from the end of the full school day until 6 p.m. These programs, which are offered to school-age children at 28 sites throughout the region, provide a variety of age-appropriate activities for participants, including sports, arts and crafts, outdoor play, science, story time, cooking, and much more.

***\*270 children served daily through YMCA learning programs***

### ***Summer Programs***

Long summer days are made even better through YMCA of Greater Springfield day camps, offered at Camp Weber in West Springfield and Stony Brook Acres in Wilbraham. These traditional day camps help youth gain an appreciation for the outdoors and develop relationships and skills that will last a lifetime. The YMCA provides summer enrichment activities at the following five additional locations during the summer months: the Downtown YMCA, the Dunbar Community Center, the Lower Liberty Heights Community Center, the North End Youth Center, and the Sullivan Outreach Center.

***\*1,000 youth and teens were enrolled in summer camp programs during 2017***

### ***Y-AIM/Teen Programs***

Y-AIM (Achieve academically, Inspire to attend college, and Move toward personal growth) provides talented, underachieving, at-risk youth in middle and high school with a dedicated support system throughout those integral educational years to help ensure successes like graduating high school, attending college, and finding gainful employment. The YMCA of Greater Springfield works together with Springfield Public Schools, the United Way of Pioneer Valley, Big Y Foods, MassMutual, Smith & Wesson, and other area business partners to help youth become motivated, ambitious, and productive through the Y-AIM programs, including the Teen Advisory Board, Leaders Club, and Making Proud Choices.

Y-AIM is offered at the following schools: High School of Commerce, High School of Science and Technology, Roger L. Putnam Vocational Technical Academy, Springfield Central High School, Springfield High School (S.A.F.E.), Balliet Middle School, John J. Duggan Middle School, John F. Kennedy Middle School, Springfield Conservatory of the Arts and Springfield Public Day Middle School, the Conservatory of the Arts High/Middle School.

***\*305 youth enrolled in school-based Y-AIM programming***

***\*505 youth served in Y-AIM outreach locations for after-school support***

***\*100% (46) high school seniors in the program graduated in 2017***

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### **Youth Athletics**

Organized sports provide an opportunity for youth to be active, aiding in their physical, social, and emotional development. Sports programs at the YMCA of Greater Springfield go beyond teaching the skills and rules of the games by diving into the importance of teamwork, leadership, and self confidence as well.

***\*500 youth and teens stayed active in our athletic programs***

### **Wellness Programs**

Health and wellness are important aspects to the development of spirit, mind and body. At the YMCA of Greater Springfield, we work to teach children and adults to value their health and appreciate what their bodies can do. We strive to help them achieve their health and wellness goals through a variety of programs, as well as use of our pools, gyms, wellness centers, group exercise classes, personal training sessions, nutrition seminars, and expertise and care of our professional wellness staff.

***\*More than 9,000 members and participants benefitted from our wellness services***

### **Aquatics Programs**

For more than 100 years, the Y has served as America's leading swim instructor. We're proud to still offer top-notch instruction, as well as recreational and specialty programs for all ages and abilities, including parent-child classes, preschool/youth swim lessons, water exercise, and lifeguard training courses. Many graduates of our lifeguard program go on to work at the YMCA, public pools, camps, and recreational facilities in the area.

***\*1,500 youth were taught swimming lessons in 2017***

### **LIVESTRONG® at the YMCA**

LIVESTRONG® at the YMCA is a life-changing program that provides a wellness outlet to adult cancer survivors dealing with the lingering effects of treatment. The 12-week offering consists of small group exercise classes and lifestyle programming at no cost to the participant.

***\*501 LIVESTRONG graduates since the program started in 2010***

### **Active Older Adults**

From aquatics and group exercise classes to jazz concerts and meet & greets, our senior citizens take full advantage of the offerings at the Y, ensuring opportunities to connect with others and participate in meaningful social activities throughout the area.

***\*1,349 Active Older Adult members in 2017***

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